

## Shield Spectrum PPO Plans

Both Blue Shield of California and Blue Shield of California Life & Health Insurance Company offer PPO plans 1500 and 2000.

PPO Plan 2000/Blue Shield Life PPO plan 2000

PPO Plan 1500/Blue Shield Life PPO plan 1500

PPO Plan 750

PPO Plan 500

Shield Spectrum PPO plans feature comprehensive coverage with rich benefits for families and individuals seeking a robust health plan.

### Is a Shield Spectrum PPO plan right for you?

You may have a family and want thorough coverage for doctor visits, prescription drugs and hospital care. With a wide range of deductible options to meet your needs, Shield Spectrum PPO<sup>SM</sup> plans make it easy to visit the doctors and specialists you want and let you choose your deductible coverage. Keep in mind, when you receive care from Blue Shield PPO network providers your out-of-pocket costs are always lower.

### Shield Spectrum PPO plan advantages

Wide range of annual deductibles, and when two or more family members are on one plan, each covered individual has his or her own individual deductible, in case only one person needs expensive medical care.

Many services are covered before you meet the annual deductible.

Copayment/coinsurance maximums help contain costs, because your family copayment maximum is only twice the individual amount, no matter how many people are covered.

## Shield Spectrum PPO plans

Both Blue Shield of California and Blue Shield of California Life & Health Insurance Company offer PPO plans 1500 and 2000.

### Uniform Health Plan Benefits and Coverage Matrix

**THIS MATRIX IS INTENDED TO BE USED TO HELP YOU COMPARE COVERAGE BENEFITS AND IS A SUMMARY ONLY. THE EVIDENCE OF COVERAGE AND PLAN CONTRACT/POLICY FOR INDIVIDUALS AND FAMILIES SHOULD BE CONSULTED FOR A DETAILED DESCRIPTION OF COVERAGE BENEFITS AND LIMITATIONS.**

	PPO 500	PPO 750	PPO 1500	PPO 2000
<b>Deductible*</b>	\$500 (\$1,000 family)	\$750 (\$1,500 family)	\$1,500 (\$3,000 family)	\$2,000 (\$4,000 family)
<b>Copayments</b>	\$30 with preferred providers Not applicable with non-preferred providers	\$35 with preferred providers Not applicable with non-preferred providers	\$40 with preferred providers Not applicable with non-preferred providers	\$45 with preferred providers Not applicable with non-preferred providers
<b>Coinsurance</b>	25% with preferred providers 50% with non-preferred providers	30% with preferred providers 50% with non-preferred providers	30% with preferred providers 50% with non-preferred providers	30% with preferred providers 50% with non-preferred providers
<b>Calendar-year copayment/coinsurance maximum</b> (does not include the plan deductible – some services do not apply)	Services with preferred providers: \$3,500 (\$7,000 family) Services with all providers: \$7,000 (\$14,000 family)	Services with preferred providers: \$4,000 (\$8,000 family) Services with all providers: \$8,000 (\$16,000 family)	Services with preferred providers: \$4,500 (\$9,000 family) Services with all providers: \$9,000 (\$18,000 family)	Services with preferred providers: \$5,000 (\$10,000 family) Services with all providers: \$10,000 (\$20,000 family)
<b>Lifetime maximum</b>	\$6,000,000	\$6,000,000	\$6,000,000	\$6,000,000

\* Benefits for covered brand-name drugs are subject to a separate brand-name drug deductible per person. PPOs 500 and 750 have a \$250 brand-name drug deductible, and PPOs 1500 and 2000 have a \$500 brand-name drug deductible.

- Plan benefits provided before you need to meet medical deductible are shown below with a dot. For all benefits without a dot, you are responsible for all charges up to the allowable amount or billed charges with preferred and non-preferred providers until the deductible is met. At that point, you will be responsible for the copayment or coinsurance noted in the chart below when accessing preferred and non-preferred providers.

For the following benefit details, when referring to PPO 1500 and PPO 2000, it will also include Blue Shield Life Shield Spectrum PPO Plans 1500 and 2000.

### Covered services

### Member copayments

Subject to the plan deductible, unless noted.	With preferred providers, <sup>1</sup> you pay				With non-preferred providers, <sup>1</sup> you pay
	PPO 500	PPO 750	PPO 1500	PPO 2000	
<b>Professional services</b>					
Office visits	\$30 <sup>2</sup> ●	\$35 <sup>2</sup> ●	\$40 <sup>2</sup> ●	\$45 <sup>2</sup> ●	50%
<b>Preventive care</b>					
Annual routine physical exam, well-baby care office visits and gynecological exam (includes Pap test or other approved cervical cancer screening tests, routine mammography, and immunizations when received as part of the annual exam or preventive care visit)	\$30 <sup>2</sup> ●	\$35 <sup>2</sup> ●	\$40 <sup>2</sup> ●	\$45 <sup>2</sup> ●	Not covered
<b>Outpatient services</b>					
Non-emergency services and procedures	25%		30%		50% <sup>2,3</sup>
Outpatient surgery in hospital	\$250/admit + 25%		\$250/admit + 30%		50% <sup>2,3</sup>
Outpatient surgery in performed in an ambulatory surgery center (ASC) <sup>4</sup>	25%		30%		50% <sup>2</sup>
Outpatient or out-of-hospital X-ray and laboratory	25%		30%		50%

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	PPO 500	PPO 750	PPO 1500	PPO 2000	
<b>Hospitalization services</b>					
Inpatient physician visits and consultations, surgeons and assistants, and anesthesiologists	25%		30%		50%
Inpatient semiprivate room and board, services and supplies, and subacute care	\$250/visit + 25%		\$250/visit + 30%		50% <sup>2,3</sup>
Bariatric surgery inpatient services (pre-authorization required; medically necessary surgery for weight loss, only for morbid obesity) <sup>5</sup>	\$250/visit + 25%		\$250/visit + 30%		50% <sup>2,3</sup>
<b>Emergency health coverage</b>					
Emergency room services (\$100 copayment/visit waived if admitted as an inpatient)	\$100/visit + 25%		\$100/visit + 30%		Covered at same level as preferred providers
ER physician visits	25%		30%		Covered at same level as preferred providers
<b>Ambulance services</b> (surface or air)	25%		30%		Covered at same level as preferred providers
<b>PPO Plans 500-2000</b>					
<b>Prescription drug coverage<sup>6</sup></b> (outpatient)	<b>At participating pharmacies</b> (up to a 30-day supply)			<b>Mail service prescriptions</b> (up to a 60-day supply)	
Generic formulary drugs	\$10/prescription <sup>2</sup> •			\$20/prescription <sup>2</sup> •	
Formulary brand-name drugs	\$35/prescription <sup>2</sup>			\$70/prescription <sup>2</sup>	
Non-formulary brand-name drugs	\$50 or 50%/prescription, whichever is greater (maximum copayment of \$150 per prescription) <sup>2</sup>			\$100 or 50%/prescription, whichever is greater (maximum copayment of \$300 per prescription) <sup>2</sup>	
Brand-name drug deductible (brand-name drugs are subject to a brand-name drug deductible per person, per calendar year)	<b>PPO plans 500 and 750</b>			<b>PPO plans 1500 and 2000</b>	
	\$250			\$500	
	<b>With preferred providers,<sup>1</sup> you pay</b>				<b>With non-preferred providers,<sup>1</sup> you pay</b>
	<b>PPO 500</b>	<b>PPO 750</b>	<b>PPO 1500</b>	<b>PPO 2000</b>	
<b>Durable medical equipment<sup>7</sup></b>	25%		30%		50% (not covered for PPO 500 and 1500)
	<b>With MHPA participating providers,<sup>1,8</sup> you pay</b>				<b>With MHPA non-participating providers,<sup>1,8</sup> you pay</b>
<b>Mental health services</b>					
Inpatient hospital facility services	\$250/admit + 25%		\$250/admit + 30%		50% <sup>2,3</sup>
Inpatient physician services	25%		30%		50%
Outpatient visits for severe mental health conditions	\$30 <sup>2</sup> •	\$35 <sup>2</sup> •	\$40 <sup>2</sup> •	\$45 <sup>2</sup> •	50%
Outpatient visits for non-severe mental health conditions (up to 20 visits per calendar year combined with chemical dependency visits) <sup>9</sup>	25%		30%		Not covered
<b>Chemical dependency services</b> (substance abuse)					
Inpatient hospital facility services for medical acute detoxification	\$250/admit + 25%		\$250/admit + 30%		50% <sup>2,3</sup>
Inpatient physician services for medical acute detoxification	25%		30%		50%
Outpatient visits (up to 20 visits per calendar year combined with non-severe mental health visits) <sup>9</sup>	25%		30%		Not covered

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	PPO 500	PPO 750	PPO 1500	PPO 2000	
<b>Home health services</b> (up to 90 pre-authorized visits per calendar year)	25%		30%		Not covered
<b>Other</b>					
<b>Pregnancy and maternity care</b>					
Outpatient prenatal and postnatal care	25%		30%		50%
Delivery and all necessary inpatient hospital services	\$250/admit + 25%		\$250/admit + 30%		50% <sup>2,3</sup>
<b>Family planning</b>					
Consultations, tubal ligation, vasectomy, elective abortion	25%		30%		Not covered
<b>Rehabilitation services</b>					
Provided in the office of a physician or physical therapist	25%		30%		50%
<b>Chiropractic services</b> (up to 12 visits per calendar year – Blue Shield's payment is limited to \$25)	50% ●		50% ●		Not covered
<b>Out-of-state services</b> (full plan benefits covered nationwide with the BlueCard Program)	25% with BlueCard participating providers		30% with BlueCard participating providers		50% with all other providers

**Please note:** Benefits are subject to modification for subsequently enacted state or federal legislation.

- Plan benefits provided before you need to meet the medical deductible.
- 1 Member is responsible for fixed dollar or percentage copayment or coinsurance in addition to any charges above allowable amounts. The coinsurance/copayment percentage indicated is a percentage of the allowable amounts. Preferred providers accept Blue Shield allowable amounts as payment in full for covered services. Non-preferred providers can charge more than these amounts. When members use non-preferred providers, they must pay the applicable copayment percentage of the allowable amount or coinsurance plus any charges that exceed Blue Shield's allowable amount. Charges above the allowable amount do not count toward the plan deductible or copayment/coinsurance maximum.
  - 2 These copayments do not count toward the copayment/coinsurance maximum, and will continue to be charged once it is reached.
  - 3 For non-emergency hospital services and supplies received from a non-preferred hospital, Blue Shield's payment is limited to \$250 per day. Members are responsible for all charges that exceed \$250 per day.
  - 4 Participating ASCs may not be available in all areas. Regardless of their availability, you can obtain outpatient surgery services from a hospital, or an ASC affiliated with a hospital with payment according to your health plan's hospital services benefits. The maximum allowed charge for non-emergency surgery and services performed in a non-participating ASC is \$300 per day; members are responsible for 50% of this \$300 per day, plus all charges in excess of \$300.
  - 5 Bariatric surgery is covered when pre-authorized by Blue Shield. However, for members residing in Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, Santa Barbara, and Ventura counties ("designated counties"), bariatric surgery services are covered only when performed at designated contracting bariatric surgery facilities and by designated contracting surgeons; coverage is not available for bariatric services from any other preferred provider, and there is no coverage for bariatric services from non-preferred providers. In addition, if prior authorized by Blue Shield, a member in a designated county who is required to travel more than 50 miles to a designated bariatric surgery facility will be eligible for limited reimbursement for specified travel expenses for the member and one companion. Refer to the EOC/Policy for further benefit detail.
  - 6 If a member requests a brand-name drug, or the physician indicates "dispense as written" (DAW) for a prescription when an equivalent generic drug is available, and the brand-name drug deductible has been satisfied, the member pays the generic copayment plus the cost difference between the brand and generic drug. The \$150/\$300 max/prescription for non-formulary brand-name drugs does not apply to Blue Shield Life Shield Spectrum PPO Plans 2000 or 1500. Prescription coverage differs for home self-injectables. Refer to the EOC/Policy for further benefit detail.
  - 7 All covered orthotic equipment and services have a benefit maximum of \$1,000 per member per calendar year, except those services covered under the diabetes care benefit. All covered prostheses and durable medical equipment have a benefit maximum of \$2,000 per member per calendar year.
  - 8 Blue Shield has contracted with a specialized healthcare service plan to act as our mental health services administrator (MHSA). The MHSA provides mental health and chemical dependency services, other than inpatient services for medical acute detoxification, through a separate network of MHSA participating providers. Inpatient medical acute detoxification is a medical benefit provided by Blue Shield preferred or non-preferred (not MHSA) providers.
  - 9 For MHSA participating providers, initial visit treated as if the condition were a severe mental illness or serious emotional disturbance of a child. For MHSA non-participating providers, initial visit treated as an MHSA participating provider.